

SWIRLING WATERS

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1991Formation: Five couples in a circleMusic: 32-bar Waltz, repeated five timesInstructions:

- Start facing partner with back to corner, all in a circle
- the dance should be done with a waltzing step
- during the courtesy turn in A2, the man stands still facing slightly in, whilst leading the lady turning clockwise to back under his left arm round behind him, and then walking forward round to ballroom position, and into the waltz. This is the courtesy turn used at the end of the north country ladies chain.
- the progression is by two places each time through the dance. After 5 repeats you will be back with your partner.

A1	balance forward & back holding RH with, and honouring, partner	2 bars
	ladies RH-star once around holding the wrist of the lady in front	6 bars
A2	men north-country courtesy turn lady ending in ballroom hold	2 bars
	waltz 1/2 way round circle	6 bars
B1	men LH-star once around holding the wrist of the man in front	6 bars
	RH-turn partner 1/2 way round end, ladies facing out, men facing in, holding RH partner, LH corner	2 bars
B2	balance forward & back	2 bars
	RH-turn partner 1/2 way round end, ladies facing in, men facing out	2 bars
	balance forward & back	2 bars
	LH-turn corner 1/2 way round to meet new partner to recommence	2 bars